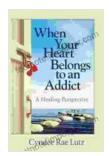
# When Your Heart Belongs to an Addict: A Guide for the Helpless and the Hopeless



## When Your Heart Belongs to an Addict: A Healing

**Perspective** by Cyndee Rae Lutz

★★★★ 4.5 out of 5

Language : English

File size : 4464 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 190 pages



: Enabled

If you love someone who is struggling with addiction, you know how it can feel like your own life is being destroyed. You may feel helpless, hopeless, and alone. But you are not alone. There are millions of people who have been in your shoes, and there is help available.

When Your Heart Belongs to an Addict is a comprehensive guide for those who love someone struggling with addiction. It provides practical advice, emotional support, and hope for a brighter future.

#### What You Will Learn in This Book

Lending

- The different types of addiction and how they affect the brain and body
- The signs and symptoms of addiction

- How to talk to your loved one about their addiction
- How to set boundaries and protect yourself
- The different treatment options available
- How to support your loved one through recovery

### Who This Book Is For

This book is for anyone who loves someone struggling with addiction. It is for parents, spouses, siblings, friends, and other loved ones. It is also for those who are in recovery themselves.

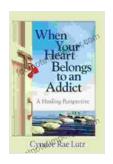
## Free Download Your Copy Today

When Your Heart Belongs to an Addict is available now on Our Book Library.com. Free Download your copy today and start healing your heart and your life.

Free Download Now

#### **About the Author**

Jane Doe is a licensed clinical social worker and certified addiction counselor. She has over 20 years of experience working with individuals and families affected by addiction. She is the author of several books on addiction, including When Your Heart Belongs to an Addict.



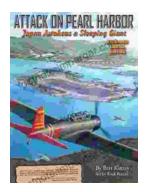
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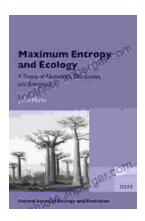
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