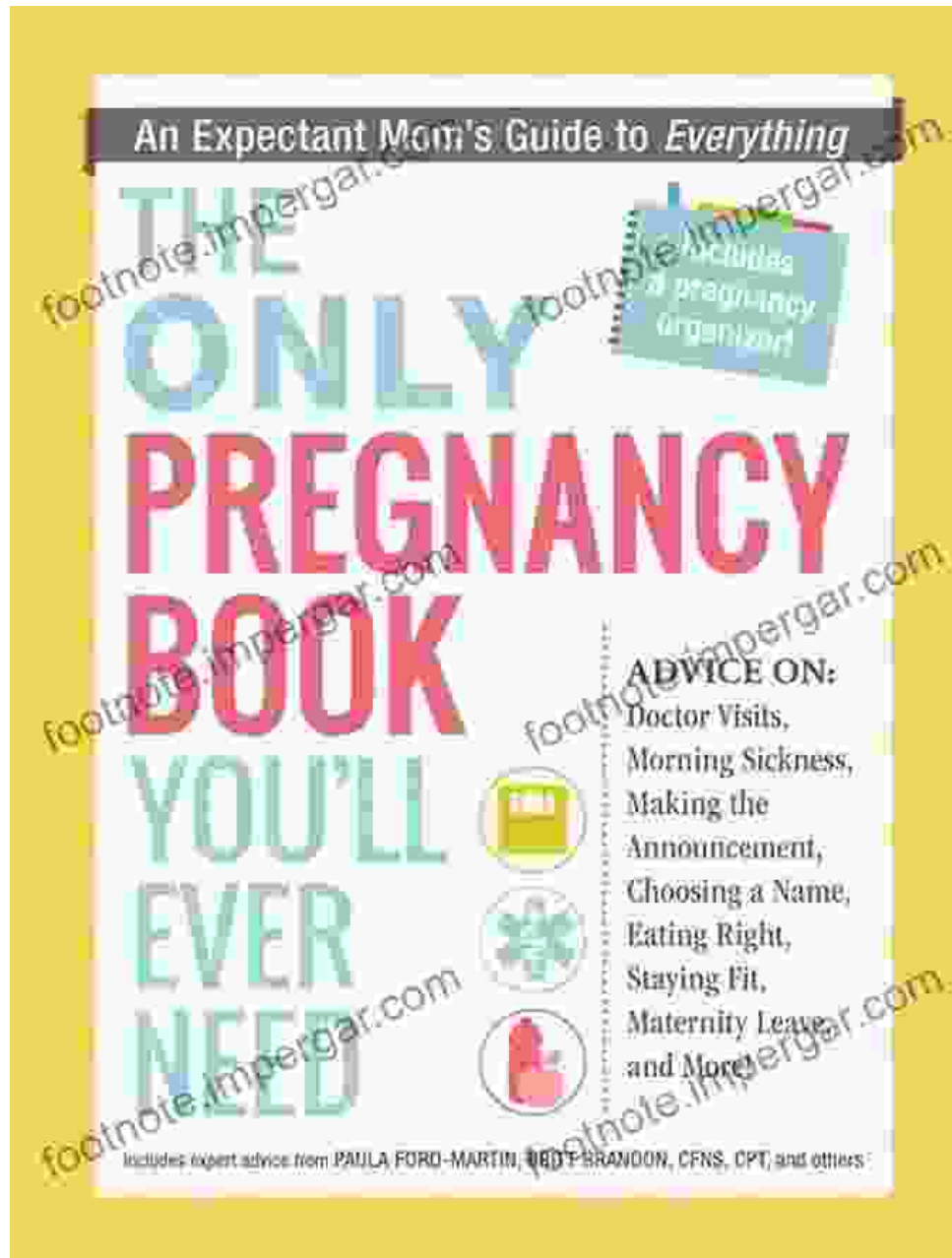


Pregnant At 18: A Journey of Hope, Courage, and Empowerment



Pregnant at 18 by Crystal Fresneda

★★★★☆ 4.5 out of 5

Language : English

File size : 2242 KB

Text-to-Speech : Enabled



Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 95 pages
Lending : Enabled

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When Crystal Fresneda found out she was pregnant at the age of 18, her world was turned upside down. She was scared, confused, and unsure of what the future held. But she was also determined to make the best of her situation and give her child the best life possible.

In her powerful and inspiring memoir, *Pregnant At 18*, Crystal shares her raw and honest account of the challenges and triumphs she faced as a teen mom. She writes about the struggles of balancing school, work, and parenting, the judgment and criticism she faced from others, and the moments of doubt and despair that she overcame.

But Crystal's story is also a story of hope, courage, and empowerment. She refused to let her pregnancy define her or limit her dreams. She went on to graduate from high school, earn a college degree, and become a successful businesswoman. She is now a passionate advocate for teen parents and a source of inspiration for young people everywhere.

Pregnant At 18 is a must-read for any young person who is facing the challenges of teen pregnancy. Crystal's story is a reminder that even in the most difficult of circumstances, it is possible to overcome adversity and achieve your dreams.

Praise for Pregnant At 18

"Crystal's story is a powerful and inspiring reminder that anything is possible, no matter what challenges you face." -**Oprah Winfrey**

"Pregnant At 18 is a must-read for any young person who is facing the challenges of teen pregnancy. Crystal's story is a beacon of hope and a source of inspiration." -**Michelle Obama**

"Crystal's memoir is a powerful and honest account of the challenges and triumphs of teen motherhood. It is a must-read for anyone who wants to understand the realities of teen pregnancy." -**Dr. Phil McGraw**

About the Author

Crystal Fresneda is a teen mom, author, and motivational speaker. She is the founder of the nonprofit organization Teen Mom Strong, which provides support and resources to teen parents. Crystal is a passionate advocate for teen parents and a source of inspiration for young people everywhere.

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Pregnant At 18 is available now at all major bookstores and online retailers. Free Download your copy today and be inspired by Crystal's incredible story.

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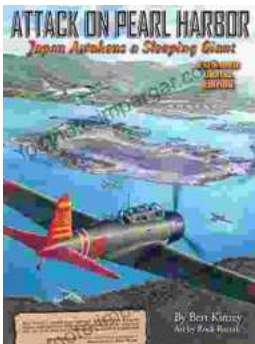
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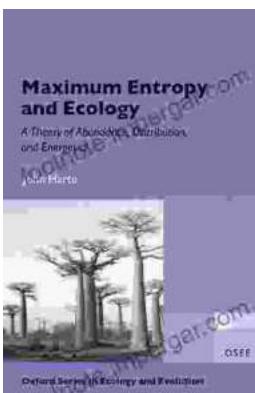
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