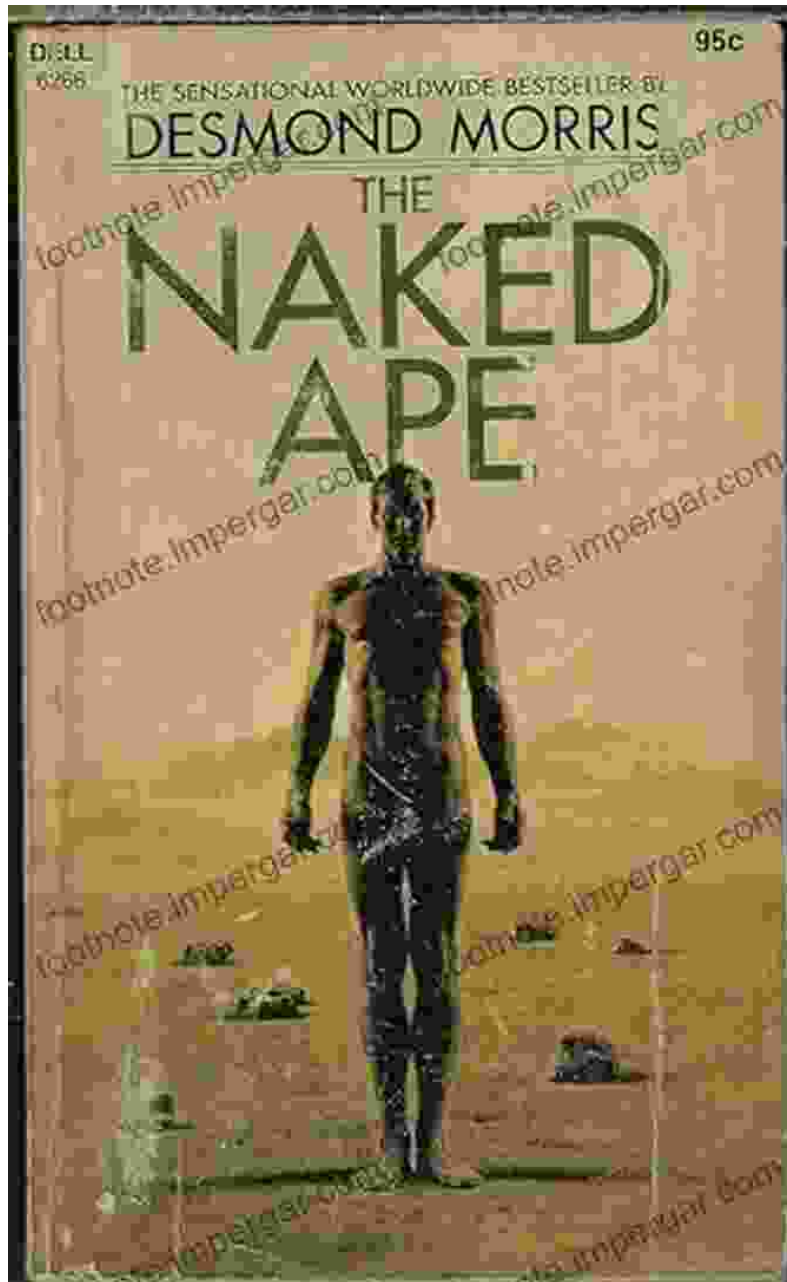
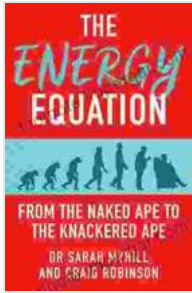


# From the Naked Ape to the Knackered Ape: A Journey of Aging and Enlightenment

By Desmond Morris



**The Energy Equation: From the Naked Ape to the Knackered Ape** by Craig Robinson



★ ★ ★ ★ ☆ 4.6 out of 5  
Language : English  
File size : 1194 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 184 pages



Desmond Morris, the world-renowned zoologist and author of the groundbreaking book *The Naked Ape*, has written a new memoir about the challenges and joys of aging. *From the Naked Ape to the Knackered Ape* is a witty and poignant account of Morris's own journey through the later years of life.

Morris begins his memoir by reflecting on his childhood and early adulthood. He recalls his fascination with the natural world and his desire to understand human behavior. After studying zoology at Oxford University, Morris went on to work as a curator at the London Zoo. It was there that he began to develop his theory of the "naked ape," which argues that humans are unique among primates in their lack of body hair and their reliance on culture to survive.

Morris's theory of the naked ape has been widely influential, and it has helped to shape our understanding of human evolution. In *From the Naked Ape to the Knackered Ape*, Morris revisits his theory in light of his own experiences of aging. He argues that the naked ape is not simply a physical being, but also a social and spiritual one. As we age, we lose some of our physical abilities, but we also gain wisdom and experience. We

become more aware of our mortality, but we also learn to appreciate the preciousness of life.

Morris's memoir is full of humor and wisdom. He writes about the challenges of retirement, the loss of loved ones, and the search for meaning in the later years of life. But he also writes about the joys of aging, such as the freedom to pursue one's interests, the pleasure of spending time with grandchildren, and the satisfaction of a life well-lived.

*From the Naked Ape to the Knackered Ape* is a must-read for anyone who is interested in aging, memoir, or the human condition. It is a witty, poignant, and ultimately uplifting book that will make you laugh, cry, and think.

### **Praise for *From the Naked Ape to the Knackered Ape***

"Desmond Morris has written a wonderfully wise and witty memoir about the challenges and joys of aging. *From the Naked Ape to the Knackered Ape* is a must-read for anyone who wants to understand the human condition." — **Bill Bryson**

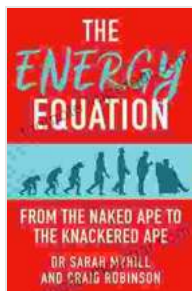
"Morris's memoir is a delightful and thought-provoking read. He writes with humor, wisdom, and compassion about the challenges and joys of aging. *From the Naked Ape to the Knackered Ape* is a book that will stay with you long after you finish it." — **Oliver Sacks**

"Morris's memoir is a must-read for anyone who is interested in aging, memoir, or the human condition. It is a witty, poignant, and ultimately uplifting book that will make you laugh, cry, and think." — **The Guardian**

### **About the Author**

Desmond Morris is a world-renowned zoologist, anthropologist, and author. He is best known for his groundbreaking book *The Naked Ape*, which has sold over 20 million copies worldwide. Morris has also written numerous other books on human behavior, including *The Human Zoo*, *The Soccer Tribe*, and *The Planet of the Apes*.

Morris is a Fellow of the Royal Society and a member of the Royal Society of Literature. He has received numerous awards for his work, including the CBE (Commander of the Free Download of the British Empire) and the Huxley Medal.

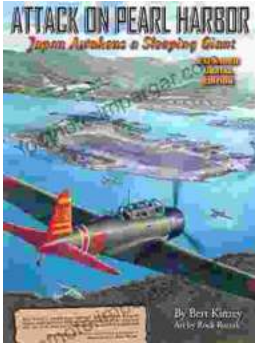


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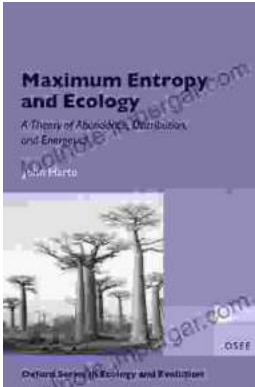
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