

Bipolar Attorney Talks Mania Recovery and Heaven on Earth

A Compelling and Deeply Personal Account of One Attorney's Journey Through the Challenges of Bipolar Disorder and His Ultimate Triumph in Finding Healing and Recovery

In his groundbreaking book, *Bipolar Attorney Talks Mania Recovery and Heaven on Earth*, author and attorney Brad J. Cohen shares his compelling and deeply personal account of living with bipolar disorder. With raw honesty and vulnerability, Cohen details his struggles with mania, depression, and the challenges of navigating the legal profession while managing his condition. But this book is not just a story of suffering. It is a story of hope, resilience, and triumph.

Through Cohen's journey, readers will learn about the realities of bipolar disorder, the importance of seeking professional help, and the power of self-care. Cohen also shares practical strategies that have helped him manage his condition, including medication, therapy, and lifestyle changes. Most importantly, he offers a message of hope and inspiration, showing that it is possible to live a full and meaningful life with bipolar disorder.



Through the Open Door: A Bipolar Attorney Talks

Mania, Recovery, and Heaven on Earth by Ronald A. Beghetto

★★★★☆ 4 out of 5

Language : English

File size : 3755 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled
Print length : 241 pages
Lending : Enabled



Bipolar Attorney Talks Mania Recovery and Heaven on Earth is an essential read for anyone struggling with mental illness, as well as for family members, friends, and caregivers. It is a powerful reminder that even in the darkest of times, there is always hope.

What Others Are Saying About Bipolar Attorney Talks Mania Recovery and Heaven on Earth

"Brad Cohen's book is a must-read for anyone who has ever struggled with mental illness. His story is both heartbreaking and inspiring, and his insights are invaluable. I highly recommend this book to anyone who is looking for hope and healing."

- Dr. David Burns, author of Feeling Good: The New Mood Therapy

"Brad Cohen has written a powerful and moving account of his journey with bipolar disorder. His honesty and vulnerability are both refreshing and inspiring. This book is a must-read for anyone who wants to understand the challenges and triumphs of living with mental illness."

- Dr. Kay Redfield Jamison, author of An Unquiet Mind: A Memoir of Moods and Madness

"Brad Cohen's book is a gift to anyone who has ever struggled with mental illness. His story is a testament to the power of hope and resilience. I highly

recommend this book to anyone who is looking for a beacon of light in the darkness."

- Lori Gottlieb, author of *Maybe You Should Talk to Someone*

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About the Author

Brad J. Cohen is an attorney, author, and mental health advocate. He has been living with bipolar disorder for over 20 years. Cohen is passionate about sharing his story and helping others who are struggling with mental illness. He is the founder of the Bipolar Thriving Center, a nonprofit organization that provides support and resources to people with bipolar disorder and their loved ones.



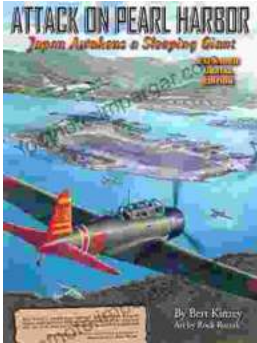
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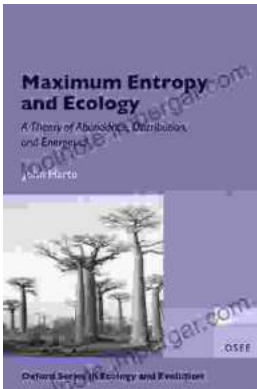
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